# Recreational Swim & Water Playground

Go for a swim or lounge poolside. Riverland pool is heated and offers a great way to spend time with family and friends. The water playground is great for the little ones, with water squirting from every direction, and water cannons and slides to enjoy.

Outside groups must have reservation prior to visit.

Summer Hours (End August 22):

Mon - Thur: 2:00 - 4:00 p.m. Sat/Sun: 1:00 - 5:00 p.m.

Fall Hours (Begin August 23):

Sat/Sun: 1:00 - 4:00 p.m.

## **Annual Passes**

Pass holders have unlimited admissions to Recreational Swim or Water Playground at Croissant, Riverland, Manors, and Bass pools for 1 year from the date of purchase. Each guest 8 years of age and older must purchase an Annual Pass for Recreational Swim or Water Playground admission. Children under 8 are admitted at no charge when accompanied by a current Annual pass holder over the age of 16. Passes may be purchased using MasterCard, Visa, or American Express during recreational swim hours. Maximum capacity limits apply.

Resident Annual Pass Rate: \$5/year

Non Resident Annual Pass Rate: \$7.50/year

# **Youth Aqua Fitness**

Promotes healthy living through fun aquatic exercises and activities with a focus on strengthening muscles, flexibility and entry level swimming. Ability to swim is not a requirement, all exercise and activities are performed in the shallow end of the pool. Ages 8 - 16.

Tue / Thu: 3:30 - 4:30 p.m.

August 4, 2015 - May 28, 2016

Residents: \$30/10 Visits

Non Residents: \$45/10 Visits *Y.E.S. Scholarships Available* 



# American Red Cross Trainings

The City of Fort Lauderdale offers the Lifeguarding, Water Safety Instructor, and Lifeguard Instructor certification courses. Please visit the City's Webpage for the most up to date course offering dates and times. Scholarship opportunities available.

www.fortlauderdale.gov/aquatics

# Registration

**Online:** Registration for current account holders

at: www.fortlauderdale.gov/webreg

In Person: Registration and payment are accepted in the form of Visa or MasterCard at Riverland Park Pool. Photo ID required for registration.

Hours: Monday-Friday 12:00 - 5:30 p.m. Saturday & Sunday: 1:00 - 4:00 p.m.

# Youth Enrichment Scholarship (Y.E.S.)

The City of Fort Lauderdale Parks & Recreation Department offers a 75% discount to children who reside in the City of Fort Lauderdale and participate in the Broward County Free and Reduced Lunch program. For more information, please call (954) 828-5322.

# **Community Swimming Pools**

Bass Park Pool (954) 828 - 6019
2750 NW 19th St, Fort Lauderdale
Croissant Park Pool (954) 828 - 6156
245 West Park Drive, Fort Lauderdale
Carter Park Pool (954) 828 - 5407
1450 W. Sunrise Blvd, Fort Lauderdale
Lauderdale Manors Pool (954) 828 - 4538
1340 Chateau Park Drive, Fort Lauderdale

If you would like this publication in an alternative format or if you need reasonable accommodation to participate in these programs, please contact 954-828-7275 or parksinfo@fortlauderdale.gov at least seven days prior to the program.



# Riverland Park Pool



950 SW 27th Ave. Fort Lauderdale, FL (954) 828-5322

Swim Lessons
Recreational Swim
Adult Swim
American Red Cross Training
Water Aerobics
FUNbrella and Pool Rentals
Youth Aqua Fitness

www.fortlauderdale.gov/aquatics

# **Group Swim Lessons**

Once per week - 6 classes

**Saturdays:** September 12 - October 17 **Tuesdays:** September 8 - October 13

Parent Toddler Ages 6 mons-3 yrs.

• Saturday: 10:00 - 10:30 am

**Level 1** Ages 3 yrs+

Saturday: 9:15 - 9:45 am
 Saturday: 10:45 - 11:15 am
 Tuesday: 5:00 - 5:30 pm

Level 2 Ages 3 yrs+.

Saturday: 10:00 - 10:30 am
 Tuesday: 5:45 - 6:15 pm

Rates: (30 Minute Classes)

Residents: \$48 Non-Residents: \$72

Y.E.S. Scholarships Available

Level 3 Ages 4 yrs+.

Saturday: 11:30 - 12:15 pm
 Tuesday: 4:00 - 4:45 pm

Adult Level 1 Ages 13+

Saturday: 11:30 - 12:15 pm
 Tuesday: 6:30 - 7:15 pm

Rates: (45 Minute Classes)

Residents: \$60

Non-Residents: \$90

Y.E.S. Scholarships Available

### **Registration Opens July 22!**

**Swim Tests:** Available Tuesdays at 3:45 and 4:45pm or Saturdays at 12:45pm. Please call (954) 828-5322 to confirm availability.

# **Class Descriptions**

#### **Parent Toddler**

Parent accompanies child in water; emphasis is placed on teaching both child and parent basic aquatic and safety skills.

#### Level 1

Basic skills include breath control, kicking, and floating; simple stroke techniques are emphasized.

#### Level 2

Swim test required for registration.

Skills include orientation to deep water, arm strokes with kicking on front and back, turning over, and basic safety skills.

#### Level 3

Swim test required for registration.

Skills include diving, dolphin kick, reversing direction, and safety skills. Continued skill development of freestyle and backstroke.

#### **Adult Level 1**

Basic swimming skills for adults learning to swim. Skills include breath control, floating, and beginner stroke techniques.



# **Adapted Swim Lessons**

A specialized program for children and adults with physical and/or cognitive challenges. 30-minute classes are scheduled upon request. For more information on how to register please contact Jennifer Gigler at: <a href="mailto:igigler@fortlauderdale.gov">igigler@fortlauderdale.gov</a>

## **Private Lessons**

One-on-one individualized instruction.

One 30-min class: \$45 Five 30-min classes: \$200

## **Semi-Private Lessons**

Groups of 2-3 participants.
One 30-min class: \$70
Five 30-min classes: \$300

## **FUNbrella Rentals**

Ready for some pool party fun?! Rent one of the Riverland FUNbrellas and have your party at the pool! Available Saturdays & Sundays 1:00 - 4:00 p.m.

Residents: \$75+tax up to 3 hours
Non-Residents: \$112.50+tax up to 3 hours

# **Pool Rentals**

To reserve Riverland Pool, Call (954) 828 - 5322.

Residents (2 hr min): \$75/hr \$75/add hr Non-Res (2 hr min): \$100/hr \$100/add hr Above rates include 2 lifeguards for up to 30 guests.

## **Water Aerobics**

High Intensity water aerobics class focusing on range of motion, flexibility and strengthening muscles. Ages 16 +

### **Days and Times:**

Tue/Thur/Sat: 10:00 - 11:00 a.m. Mon/Thurs: 6:45 - 7:45 p.m. Tues/Thurs: 9:00 - 10:00 a.m.

## **Adult Swim**

Great way to stay in shape! Swimming increases cardio, strengthens muscles, increases flexibility and helps with weight loss. Lap Swim, Water walking or water jogging are a few of the many exercised you can enjoy during adult swim.

### **Days and Times:**

Tue/Thur/Sat: 9:00 – 11:00 a.m. Mon/Thurs: 6:45-7:45 p.m.

**Aerobics / Adult Swim Closures:** 4/5, 5/25

## **Aerobics / Adult Swim Rates:**

Resident: \$30/10 Visits

\$75/30 Visits

Non Resident: \$45/10 Visits

\$112.50/30 Visits

Sen/Mil Resident: \$15/10 Visits

\$45/30 Visits

Sen /Mil Non Res: \$25/10 Visits

\$75/30 Visits